



Warna-Manda Aboriginal Women's Corporation

Purpose: *"Our Corporation is all about healing and connecting people to Country. We envision running in the near future cultural programs & workshops from a funded and developed a Camp/ Haven / Homestead located at Streaky Bay which is located on Wirangu Country."*

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<https://www.facebook.com/pages/Warna-Manda-Aboriginal-Corporation/165724036900750>

Cost: Free

Warna-Manda is located is run from Port Lincoln. This program takes groups of women, for example young girls, or elders, on camps to Wirangu country. At the camps women do arts and crafts with natural objects, go for walks, take in the scenery, watch for wildlife, talk about issues of concern such as identity, or healing from grief and loss.

Warna-Manda offer pamper days where people use healing lotions of natural products and are given a kit of 'beauty products'.

Being strong in your identity is an important foundation for caring for yourself and your family.

After the camp, women *'realise that they've been **cleansed**, and then they realise "Okay, I've got a family, I've got this, I've got reasons to live" - and we talk about all of that how people have passed... and we do all that talking on the camp, how people have lost someone... **but they can make themselves strong again.**'*

