

# The Healing Circles Project

Pangula Mannamurna Inc. have worked with the Elders and community in Mt Gambier and the South-East region to develop the Healing Circles project.

The Healing Circles are used to incorporate culture in everything that we do. They are a way for Aboriginal people of all ages to be supported on their healing journeys. They provide a way of revitalising old and traditional ways of healing and wellbeing.

The circles also provide a space and opportunity for Elders and the community to come together sharing their stories and passing on culture and knowledge across the generations.

Three Healing Circles provide a safe healing & wellbeing environment for community members and include the use of traditional plants and symbols.

Each of the circles represents a different aspect of culture...



Contact: Pangula Mannamurna Inc - 08 8724 7270